



# CARE & SHARE

A NON-PROFIT 501 (C) 3 CHARITABLE ORGANIZATION

ESTB: 1990

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## PALLIATIVE CARE FOR CHILDREN

According to statistics from the Government of Kerala, around 35,000 new cancer incidents are reported every year. Though Kerala has the lowest infant and child mortality rates in India (7 out of 1000, whereas the national average in 2014 was 29 out of 1000, according to [www.savethechildren.in](http://www.savethechildren.in)), childhood cancers are being reported at an increasing rate. A study conducted by the Indian Academy of Pediatrics ([www.indianpediatrics.net](http://www.indianpediatrics.net)) on malignant diseases, reported over a period of 10 years at Regional Cancer Center in Trivandrum, found that of all the registered cases, close to 5% of cancer patients are children in the age group of 0 – 14 years old. This population and its needs must be addressed.

Solace in Thrissur is the first palliative care center in Kerala that focuses on children suffering from various life threatening ailments like cancer, thalassemia, and nephrotic syndrome. In many cases, parents are forced to quit their jobs to tend to their children and their prolonged hospital treatments. Especially among families who struggle financially, the male head of the household often simply moves out, leaving the family behind. Solace in Thrissur provides financial and medical aid, rehabilitation and counseling to more than 1000 kids' families. In the most deserving cases, provision kits are provided to the families, which include enough groceries for a family of two or three people to survive for a month. By organizing gatherings of children through "Sneha Sangamam", Solace provides a networking platform among the families. The center also encourages the formation of self-support groups.

Solace is also building a 16 bed aftercare facility in the outskirts of Thrissur to provide a safe, hygienic place for kids to stay after critical treatments like chemotherapy. Twenty cents of land was donated by Kuwait Insurance Company, and the construction costs are estimated to require around 64 lakhs (INR 64,00,000 or \$100,000).

A bunch of charitable friends from Seattle, identifying themselves as MaChaNi, conducted a Christmas Caroling fundraiser in 2014 for supporting the center's provision kits initiative and to sponsor a bed at the aftercare center. With MaChaNi's funds, Care & Share could contribute \$10,000 towards Solace projects.



**MaChaNi Christmas Carol team in Seattle raised \$6,500 to support Solace**



**Solace founder Ms. Sheeba Ameer receives CNN-IBN 2012 Real Hero Award. Cricket legend Tendulkar is also on the stage.**

*"Solace is the first palliative care center in Kerala for children under 18"*

*"Kerala CKD patients undergo 150,000 dialyses a month"*

*"In 2014, Care & Share spent \$158,550 for charitable projects with an administrative cost of just 0.6%."*

## Contact Us

Tony Devassy

16612 W 159th St, Suite 204

Lockport, IL 60441

Phone: 815-588-1403

tdevassy@gmail.com

Manu Roy

'Ananya' Kadvanthra

Cochin — 682020

Phone: 98465 28001

advmanuroy@gmail.com

The biggest challenge for Solace is finding the monthly running cost of 9 lakhs (\$14,000). With a pledge of \$15/month, you can offset the average cost for a kid. Would you consider including Solace in your annual pledges?

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## THANKSGIVING MEALS

Every year during Thanksgiving, Care & Share works with local charities to feed the homeless. Last year, we partnered with Morning Star Mission in Joliet, Illinois and St. Thomas Orthodox Church in Seattle, Washington. Together we could feed over 500 people.

Morning Star Mission provides food, shelter and clothing to the homeless in and around Joliet, a Chicago suburb. St. Thomas Orthodox Church is a Kerala community church in Seattle and has been serving Thanksgiving meals for the past few years. Last year, the church prepared food for more than 600 and we are glad that we could work with the church to sponsor close to 200 meals.



*Mr. Tony Devassy & family serving thanksgiving dinner at Morning Star Mission, Joliet.*



*St. Thomas Orthodox Church team after delivering meals at the shelter house.*

## NEPAL EARTHQUAKE SUPPORT

Nepal suffered a series of catastrophic earthquakes in April 2015, killing close to 10,000 people and injuring more than 25,000. Thousands of families lost their houses and currently are living in shelter camps. Kerala Association of Washington ([www.kaow.org](http://www.kaow.org)) responded to the situation by partnering with Care & Share and urged its members to become part of the recovery initiatives. Care & Share matched the funds raised by KAW, and together they presented a check for \$11,000 to Nepal Seattle Society ([www.nepalseattle.org](http://www.nepalseattle.org)) during KAW's Onam program. NSS works with various charities and the Nepalese government to directly deliver services to the effected people.



*KAW President Santhosh Nair hands over Nepal Relief Check*

## PROFESSIONAL EDUCATION

Chennaipara Ashramam, in Peechi, Trichur, Kerala, run by MCBS missionaries, is home to 375 people from ages 2 to 103 of different religions, castes and from different parts of India. Though the education of kids is nearly free during elementary and high school, the educational costs are quite expensive in college, especially if the children are seeking job oriented professional courses. Care & Share began sponsoring Chennaipara Ashramam's college education from 2007 onwards. So far, around 20 of the children completed studies and started working as nurses, social workers, teachers and technicians. The educational institutes typically offer a discounted tuition fee, but there is little concession given for food and accommodations. Last year, we contributed \$10,000 to support ten students, sponsoring their tuition, food and accommodations. One student studies dentistry, three students are in B.Sc nursing, one student studies engineering, another one social work, and rest are in various degree courses.

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## ADARSH SPECIAL SCHOOL

Adarsh Charitable Trust ([www.adarshrehab.org](http://www.adarshrehab.org)), based in Kureekkad, Ernakulam, focuses on the rehabilitation of kids with cerebral palsy, autism and Down syndrome. The organization drives community programs, provides medical aid and physiotherapy, and runs a special school to help these kids through various fronts. Adarsh Charitable Trust provides services to close to 350 children through its centers in Kureekkad and Vyttila. Another 110 kids receive services at home through their community service units. This home based service unit has three teams, with each team consisting of two assistant trainers, one physiotherapist and one special educator.



On average, the cost involved for one child is around INR 2000 per month. Of the total running cost, 50% comes through donation, 20% through government grants, and rest is paid by the families. Only around 5% of the kids can afford to pay the full fee. Around 60% of the kids pay from 15% to 75%, depending upon their financial abilities. 35% of students are below the poverty line and are served completely free of cost. In order for this organization to smoothly function, close to six lakhs (appx \$10,000) in donations must be made each month. One of the organization's biggest wants is the resources required for teachers and children in the form of books, toys and tools. Some of these items cost as low as \$15! Would you consider part of your annual pledges towards this cause? Any amount goes a long way for these kids.

This is the first year Care & Share is providing assistance to this school. In the form of financial assistance and motor skill developing toys, Care & Share has extended support for a total of \$1,200.

## DIALYSIS MACHINE

After cancer, Chronic Kidney Disease (CKD) is the most common health problem that affects families in Kerala. According to the Kerala Social Security Mission ([www.socialsecuritymission.gov.in](http://www.socialsecuritymission.gov.in)), there are around 15,000 dialysis requiring patients in Kerala. They need 2 to 3 dialyses in every week, which translates to 150,000 dialyses a month in Kerala. Each dialysis costs around Rs. 1,000. With one third of these patients living below poverty line, this is definitely an area that requires lot of financial and resource assistance.

Until 2010, Care & Share's policy was to sponsor 200 dialyses in a year. With the change in economic progress and the willingness for the local organizations to come forward to sponsor dialyses, in 2011 we decided to change our policy. Rather than sponsoring dialyses, we would rather use that budget to sponsor a dialysis machine in every 3-4 years to a hospital that mainly serves poorer sections of society.

A dialysis machine costs around Rs. 6,00,000 (Appx \$10,000) and will function for approximately 5 years. Most hospitals use a machine 3 times a day, 7 days a week. This is approximately 1000 dialyses a year. From the cost of Rs. 1,000 charged for a dialysis, around Rs. 150 is accounted for the cost of the machine and its maintenance.

In August 2015, Care & Share donated a dialysis machine to P. S. Mission Hospital in Marad, Ernakulam to provide dialysis at a discounted rate to financially struggling patients. P. S. Hospital is a non-profit institute primarily targeting below poverty line patients. With the donated machine, the hospital will be able to provide dialysis at Rs 800 or 850 for these patients. This is the second machine that Care & Share has donated to P. S. Hospital. The first machine was donated in 2011.



*Dialysis machine donated to  
P. S. Mission Hospital*

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## FINANCIAL REPORT

In 2014, a total of \$158,550 was spent for charitable projects with an administrative cost of just 0.6%. This means that for every \$100 donated to Care & Share in 2014, \$99.40 went straight to the project beneficiaries. For more details, please visit <http://www.careandshare.com/finance.html>.

|   | 2010          | 2011          | 2012          | 2013          | 2014          |
|---|---------------|---------------|---------------|---------------|---------------|
| Revenue for the Year                                | 132,033       | 77,830        | 89,631        | 75,584        | 158,887       |
| Fund Balance from Prior Year                        | 49,111        | 65,302        | 77,858        | 84,871        | 89,618        |
| Allocation and Disbursement for Charitable Projects | 111,813       | 62,112        | 82,427        | 68,386        | 158,550       |
| Administrative Expenses                             | 2,926         | 2014          | 191           | 156           | 1,556         |
| Administrative Expenses %                           | 1.6           | 1.4           | 0.1           | 0.1           | 0.6           |
| <b>Revenue over Expenses</b>                        | <b>65,302</b> | <b>77,858</b> | <b>84,871</b> | <b>89,618</b> | <b>75,702</b> |

## CHILDREN WITH MULTIPLE DISABILITIES

National Association of Blind, NAB, Kerala branch ([www.nabkerala.org](http://www.nabkerala.org)) routinely conducts camps in different parts of Kerala to identify kids who have visual impairment, along with other disabilities such as physical, psychological, hearing or speech. Providing rehabilitation and other training is extremely difficult, as most of the schools in India handle only one kind of disability. Care & Share partnered with NAB Kerala in 2008 to extend support for these kids.

The project was started with 26 kids in the Trivandrum district, but since then, this number has grown by fivefold, currently serving around 125 kids. Financially, the majority of these kids are below the poverty level. Depending upon the nature of their disability, these kids are provided custom training, instructions and monitoring. Around 20 of the kids are served at home, because their mobility is heavily restricted. The teachers spend half a day every week to train the child, as well as his/her primary care taker, usually a mother or grandmother.

We worked with Kerala Sports Club in Seattle ([www.keralaclubseattle.net](http://www.keralaclubseattle.net)) to form a fund raising team to participate in a bicycle ride from Seattle, Washington to Portland, Oregon. The team, lead by Roopesh Kelambath, raised more than \$6,250 to support this multiple disability project.

Care & Share supports this project with an annual contribution of \$10,000.



NAB Camp at Palode in Trivandrum



STP 2015 team raised \$6,250 to support NAB project

I would like to direct my donation towards the following cause(s) :

Name.....

Address.....

City.....State.....Zip.....

- Sex Trafficked Victims
- Pain & Palliative Care
- Kidney and Diabetes
- Cancer Care
- Orphanages
- Eye Care
- Special Education
- Multiple Disabled Children

