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CHRISMAS CAROLS BRING RELIEF TO "SOLACE" KIDS

A group of friends from Seattle identifying themselves as "MaChaNi" has been doing Christmas Carols from 2014 onwards mainly to support projects for kids in Kerala. The team visits more than thirty houses in the Seattle area, regardless of the freezing temperatures, and sings few songs with a dancing Santa!

One of the main beneficiaries of these efforts over the past three years was Solace in Thrissur (http://www.solace.org.in). provides financial and medical rehabilitation and counseling to more than 1,750 kids' families spread across five districts in Kerala. These children have life threatening ailments like cancer, thalassemia, nephrotic syndrome or similar conditions. Solace was also in the process of building a respite center in the outskirts of Thrissur to provide a safe, hygienic place for kids and their main caretakers to stay after critical treatments like chemotherapy. With the Christmas carol funds, MaChaNi sponsored a room (~\$4,000) in the center. Solace has a home care team that visits many kids at their homes. The volunteer team consists of four people who, on average, cover about 100 kilometers a day. With the new centers open in Kozhikode and Palakkad, Solace needed a new vehicle for home visits. MaChaNi could again utilize the carol funds to sponsor a new vehicle (~\$10,000). Apart from these expenditures, MaChaNi has deposited around four lakhs 16612 W 159th St, Suite 204 (~\$6,200) in long term fixed deposits for Solace to serve provision kits. Each provision



Play area at Solace Respite Center



MaChaNi team with Solace founder Sheeba Ameer



kit includes necessary groceries for a family of two or three people to survive for a month. In many cases, parents cannot go to work on a regular basis, as they may have to stay with the child in the hospital or rehab center, so the provision kits provide a huge relief for these families.

Care & Share enjoys working with groups like MaChaNi. A group like MaChaNi has already brought changes to the world. We encourage you to find a cause and try to be part of that solution! Every person's efforts count!

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SUPPORT FOR WASTE MANAGEMENT FACILITY AT "SNEHATHEERAM"

In most cities, mentally challenged people wander aimlessly through the streets without recollecting their whereabouts. Rather than just being sympathetic to such people, Rev. Sr. Roselin chose to live for them by starting a shelter for such women, dreaming of a world where no mentally challenged woman wanders through the streets. Snehatheeram is a psychosocial rehabilitation center for mentally challenged, destitute women based in Vilakudy village in Pathanpuram taluk of Kollam district, taking care of 300 women and 8 children. All of the residents were at one time or another brought by the police from railway stations, bus stations and hospitals. Snehatheeram accepts the destitute irrespective of



inmates make colorful rugs from old sarees

their caste, religion, language or state. The mentally ill or challenged inmates are admitted here under the direction of the police, social workers, and representatives from various legislative bodies and local authorities. Since most of these women are ignored by their family, friends and relatives, Snehatheeram provides them with proper care and protection. More details are available at Snehatheeram's website: www.snehatheeramcs.org.



Tony Devassy and Jaavan Chacko handover the check for waste management facility

Care & Share started supporting Snehatheeram since 2016. With more than 300 inmates, the institute has to deal with an exorbitant amount of waste material. Some of the waste can be converted into bio gas through proper processing. This year, Snehatheeram's major ask was to help it build a proper waste management facility. As the first step, Snehatheeram needed 30 cents of land next to their existing building, costing 30 lakhs (~\$47,000). Care & Share agreed to support the project with one third of the cost involved for the land deal. Care & Share president Tony Devassy and Kerala Chapter director Jaavan Chacko handed over a check for Rs. 10 lakhs $(\sim $15,500)$ at Snehatheeram's facility Snehatheeram will find other sponsors for the rest of the expenses involved. The project is expected to be completed in the next twelve to fifteen months.

STP 2017 FUNDRAISER

For the third year, Care & Share partnered with Kerala Sports Club in Seattle (www.keralaclubseattle.net) to form a team of 15 bikers to ride from Seattle to Portland as part of popular STP 2017 bike ride. Three of the bikers finished 206 miles in one day, the rest of the group finished in two days. The team practiced for around three months to prepare for the ride, and they raised more than \$10,250 to improve the special education infrastructure in India. The raised funds were equally split between Adarsh Special School in Ernakulam and Chaithanya Special School in Palakkad. Our sincere thanks to Kerala Sports Club, the riders, the donors, and the corporations who matched their employees' contributions and provided volunteers.



KSC Riders before starting their second day ride

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CHAITHANYA SPECIAL SCHOOL

Chaithanya school (www.chaithanya.net) is one of the fourteen special schools in the district of Palakkad in Kerala. This is the only school that caters the needs of children with profound disability and offers early intervention programs. One hundred forty nine children attend the school, and another set of children receive help through Community Based Rehabilitation (CBR) programs.

The average expense for a child at Chaithanya is around Rs. 1,950(~\$30). The school has a four tier fee structure depending



From a classroom session

upon the financial situation of the family. Full fees (which are subsidized) run about Rs. 750, followed by Rs 500 and Rs 250. Below poverty level (BPL) kids can attend for free. Only 3 children pay the full fees, And 26 children pay the reduced fees. The rest of the kids are served free of cost, and they are given medicines, uniforms, rice and transportation. Of the total running cost for 2016—17, 48% came through donation, 22% from government grants and 4.5% from the fees. The remaining funds were taken from Trust's reserve funds. To function smoothly, Chaithanya must come up with 3 lakhs (~\$5,000) a month through donations. Can you include Chaithanya in your annual pledges?

Chaithanya received funding of \$18,150 from Care & Share in the year 2017. We encourage you to visit Chaithanya or a similar school in India to learn more about the challenges faced by these kids and schools. We can help you to get connected with these schools.

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SOPHOMORE RAISES \$13,000 FOR SPECIAL SCHOOLS IN INDIA

Akhi Vadari, along with the senior students Guru Smt. Vidyalakshmi Vinod, delivered a very colorful Bharatanatyam show, Thanday 2017, for the benefit of students at Chaithanya and Adarsh special schools in India. The grace of the performers completely captivated the audience!

Akhi is a 15 year old sophomore at Eastlake High School in Sammamish, a suburb of Seattle. He dedicates much of his time to take his dance skills to the next level. In 2016, he founded a non-profit called

"House of Kala" for educating the community at large about various art forms. It strives to provide a stable support system and a rich cultural experience for students and provides an opportunity for them to come together as a group to cultivate leadership skills and participate in community services. After his "arangetram" earlier this year, Akhi decided to extend his skills to benefit a cause. He meticulously planned the show with his Guru Smt. Vidyalakshmi Vinod and senior students of Vidya's dance school Nrityalaya. The practices were extended for months. The team collectively raised a whopping \$13,100! Congratulations Akhi and team! Thank you for performing for such a noble cause. It was indeed a pleasure working with you all!



Akhi performing in Thandav



Thandav 2017 Team with Guru Smt. Vidyalakshmi Vinod

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FINANCIAL REPORT

In 2016, a total of \$128,500 was spent for charitable projects with an administrative cost of just 1.1%. This means that for every \$100 donated to Care & Share in 2016, \$98.90 went straight to the project beneficiaries. For more details, please visit http://www.careandshare.com/finance.html.

| | 2012 | 2013 | 2014 | 2015 | 2016 |
|---|--------|--------|---------|---------|---------|
| Revenue for the Year | 89,631 | 75,584 | 158,887 | 167,106 | 105,861 |
| Fund Balance from Prior Year | 77,858 | 84,871 | 89,618 | 75,701 | 93,799 |
| Allocation and Disbursement for Charitable Projects | 82,427 | 68,386 | 158,550 | 145,280 | 128,500 |
| Administrative Expenses | 191 | 156 | 1,556 | 2,601 | 2,199 |
| Administrative Expenses % | 0.1 | 0.1 | 0.6 | 1.1 | 1.1 |
| Revenue over Expenses | 84,871 | 89,618 | 75,701 | 93,799 | 61,701 |

FIVE CARE & SHARE SPONSORED STUDENTS COMPLETE HIGHER STUDIES FROM CHENNAIPARA ASHRAMAM

Chennaipara Ashramam, in Peechi, Trichur, Kerala, run by MCBS missionaries, is home to 345 people, of which 158 are kids. The youngest one is only around 6 months! The inmates belong to different religions and castes, and come from different parts of India, usually by being brought to the Ashramam by the police from the streets and railway stations. Though the education of kids is nearly free during elementary and high school, the educational costs are quite expensive in college, especially if the children are seeking job oriented professional courses. Care & Share began sponsoring Chennaipara Ashramam's college education from 2007 onwards. The educational institutes typically offer a discounted tuition fee, but there is little concession given for food and accommodations. Last



From Chennaipara inmates' Onam Celebration

year, we contributed \$12,000 to support ten students, sponsoring their tuition, food and accommodations. In 2017 one student completed her BDS (dentistry) and started her internship; three others completed three and half years Diploma in General Nursing and started working as staff nurses; and another student completed his B.Sc in Physician Assistant course and joined an MBBS program in the Ukraine. We are proud that we could be part of these students' remarkable academic achievements. This year, the institute has 23 students doing various professional courses at an annual cost of close to \$35,000. We will continue our annual support of \$12,000. Would you like to be part of their journey?

| I would like to direct my o | donation towards the following ca | use(s): | |
|---|---|--|-------------------------------------|
| Name | | | Yes, I Care |
| Address | | | enough to Share! |
| City | State | Zip | enough to Share! |
| [] Pain & Palliative Care [] Special Education | [] Pediatric Palliative Care [] Multiple Disabled Children | [] Professional Education [] Orphanages | [] Cancer Care [] Snehatheeram |