



# CARE & SHARE

## DIALYSIS MACHINE FOR THE POOR

After cancer, Chronic Kidney Disease (CKD) is the most common health problem that affects families in Kerala. According to Cochin Kidney Foundation, there are around 6,000 dialyses done per month in Kochi hospitals alone. Close to 25% of these require financial assistance. For effective treatment, a patient has to undergo two or three dialyses a week, each costing Rs. 1000 (appx. \$20 USD). That is around Rs 8,000 to 12,000 (\$240) a month just for the dialyses alone. In 2011-12, the per capita income of Kerala was Rs 83,725 (appx. \$1,675).



The donated dialysis machine

With CKD prevalence in Kerala escalating, Care & Share wanted to make the cost of dialysis more affordable for at least a few patients.

A dialysis machine costs around Rs. 600,000 (appx. \$12,000). It will function for approximately 5 years. Most hospitals use a machine 3 times a

day, 7 days a week. That is approximately 1000 dialysis a year. From the cost of Rs 1000 charged for a dialysis, around Rs. 150 is accounted for the cost of the machine and its maintenance. Care & Share donated a dialysis machine to P. S. Hospital in Marad, Ernakulam to provide dialysis at a discounted rate to financially struggling patients. P. S. Hospital is a



Biju Skaria and Chandrasekaran Nair from *Saptaswara* hand over the dialysis machine to PS Hospital.

non-profit institute primarily targeting patients Below Poverty Level (BPL). With the donated dialysis machine, the hospital is able to provide dialysis at Rs. 750 for patients with BPL card. During the first 4 months, the machine was used for more than 180 dialyses.

Care & Share would like to thank *Saptaswara* music troupe in Seattle for raising half of the funds required for this project.

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*It takes only \$15 to sponsor a dialysis.*

*Do you Care Enough to Share?*

### Contact Us

Tony Devassy  
16612 W 159th St, Suite 204  
Lockport, IL 60441  
Phone: 815-588-1403  
tdevassy@gmail.com

E. R. Menon  
'Thejus', SN Junction,  
Tripunithura, Ernakulam  
Kerala, India 682 301  
Ph: (+91)(484) 2781568  
ermenon@gmail.com



School reconstruction in progress

## COASTAL SCHOOL RECONSTRUCTION

Alban Lower Primary School is a coastal school in Kara, mostly serving the fishermen kids. Established in the year 1903, the school has 8 classrooms with 168 students and 9 teachers. The classroom buildings were more than 100 years old and needed reconstruction. The school got partial funding from Kerala Government's tsunami funds for the reconstruction but still needed close to 8 lakhs (appx \$16,000). Care & Share supporters came forward to support the reconstruction with a contribution of \$4000. The construction is expected to be completed by May 2013.

## FUNDRAISING EVENTS

### GANOLSAVAM 2011 RAISES MORE THAN \$7,000

Saptaswara is a Seattle based non-profit music troop whose mission is helping charitable organizations to raise funds for their projects. The troupe was founded in 2009 by a bunch of music lovers from Seattle, San Francisco, Chicago and Vancouver. The troop performed for Care & Share in 2011 to raise support for Chronic Kidney Disease patients. Through ticket sales, song auctions, raffles and song dedications, the event raised more than \$7,000. The funds were used to buy a dialysis machine for patients below poverty line (BPL) and donated to P. S. Hospital in Marad, Ernakulum. Instead of the regular cost of Rs 900, BPL patients



The Seattle Saptaswara team

will pay only Rs 750. Care & Share would like to thank each and every member of Saptaswara and its volunteers in making this fundraiser a huge success.

### 'THATTUKADA' RAISES \$1,500

For the fifth year in a row, Care & Share volunteers organized a fundraising food stall *Thattukada* during

Kerala Association's cricket tournament. Eighteen house-wives prepared delicious homemade goods including



Thattukada 2012 team

idli, vada, Kothu Porotta Beef, and cutlets to serve the players and spectators. *Thattukada* brought in more than \$1,500, and the funds will be utilized to support our project with NAB Kerala for disabled children. We extend our sincere thanks to Kerala Association of WA ([www.kaow.org](http://www.kaow.org)) and for all the help of our fantastic volunteers.

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630-257-7506

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## PROJECTS SUPPORTED 2011—2012

### **PALLIUM INDIA** [www.palliumindia.org](http://www.palliumindia.org)

Pallium India works with other agencies to develop home-based Pain & Palliative Care Services for the Indian sub-continent. The organization is led by Dr. M. R. Rajagopal, a pioneer in the field of Pain & Palliative care. Care & Share donated \$30,000 toward starting new link centers, education, and the operational cost of the institute.

### **COCHIN KIDNEY FOUNDATION** [www.cochinkidneyfoundation.org](http://www.cochinkidneyfoundation.org)

Care & Share sponsored 180 dialyses for chronic kidney failure patients who are struggling financially to meet the cost of treatment in Cochin, Kerala. Care & Share also supports CKF medical camps for the screening and early evaluation of kidney diseases. Care & Share's total support for CKF for 2012 was \$3,800.

### **CHENNAIPARA ASHRAMAM** [www.sacredheartashram.org](http://www.sacredheartashram.org)

Seven students from Chennayipara Ashramam in Peechi, Trichur received Care & Share scholarships to continue their professional education. These students are undertaking courses in Bachelor of Dental Surgery (BDS), nursing and Electronics Diploma. One of the students that we supported last year has migrated to Canada after completing Master of Social Works and started working to help kids with Autism. The total expense for this scholarship was \$7,000.

### **NAB KERALA** [www.nabindia.org](http://www.nabindia.org)

NAB Kerala supports 26 partially blind children in Trivandrum District and provides home based services to them. Two professionally trained teachers spend half a day every week with every

child to train the child and his/her primary care taker, usually the child's mother or grandmother. Care & Share has been supporting this project since 2008. In 2010, \$2,500 was spent to take care of part of the expenses related to treatments, educational toys, and therapy expenses. More information at [www.careandshare.com](http://www.careandshare.com).

### **LOCKPORT FISH PANTRY** [www.lockportfoodpantry.org](http://www.lockportfoodpantry.org)



Tony Devassy hands over check to  
FISH Pantry

The Lockport/Homer Township FISH Pantry is a non-profit organization in the suburb of Chicago. The organization is fully run by volunteers that serve more than 400 families in Lockport and Homer Townships. The purpose of the pantry is to help people get back on their feet in difficult times. Families register with their township offices, and once per month can "shop" at the pantry for items. Care & Share contributed \$1,000 towards their running expenses.

### **LIVER TRANSPLANTS**

Care & Share volunteers actively raised funds for two liver transplant patients in Kerala. One a 3 year old and the other a 24 year old both coming from financially struggling family backgrounds. A total of \$7,415 was raised and handed over to the patients' families to take care of the transplant surgery.

## UPCOMING PROJECTS 2012-2013

Below are some of the upcoming projects that we plan to support. We can achieve them through your generous support!

### MEDICAL & EYE CARE CAMPS

Every year, Care & Share conducts 3 or 4 medical and eye care camps that benefit more than 1,500 people. To continue our efforts in this space, we need to raise around \$2,500.

### PROFESSIONAL EDUCATION SCHOLARSHIPS

Professional education, such as nursing, computer applications and teachers training, allows impoverished students and their families' access to a

higher quality of life. In the coming year, we plan to spend more than \$8,000 towards such scholarships. We request your support to continue these scholarships.

### CHILDREN WITH SPECIAL NEEDS

We are committed to continue supporting institutions like NAB Kerala, Raksha Society and Chaitanya through the coming year. Our target is to raise at least \$6,000 towards these projects.

### ORPHANAGES AND OLD AGE HOMES

Last year Care & Share supported

various orphan care and nursing institutions with more than \$4,000. This includes S.O.S Children's village in Alwaye, World Vision in Chennai, Abhaya Bhavan in Thiruvalla and Pelican Center Kanjiramattom. We will continue supporting similar institutes in the coming year.

### HOSPICE & PALLIATIVE CARE

Cancer is reported as the most common disease afflicting families than any other ailment. Care & Share will work with various Palliative Care centers in Kerala to rehabilitate the affected families. We intend to raise at least \$10,000 towards this cause.

## FINANCIAL REPORT 2011

In 2011, a total of \$62,112 was spent for charitable projects with an administrative cost of 1.4%. This means that for every \$100 donated to Care & Share in 2010, \$98.60 went straight to the project beneficiaries. For more details, please visit <http://www.careandshare.com/finance.html>.

	2007	2008	2009	2010	2011
Revenue for the Year	83,234	55,430	76,224	132,033	77,830
Fund Balance from Prior Year	69,232	70,909	67,179	49,111	65,302
Allocation and Disbursement for Charitable Projects	77,710	57,680	93,750	111,813	62,112
Administrative Expenses	3,847	1,479	542	2,926	2014
Administrative Expenses %	2.5	1.2	1.14	1.6	1.4
<b>Revenue over Expenses</b>	<b>70,909</b>	<b>67,179</b>	<b>49,111</b>	<b>65,302</b>	<b>77,858</b>