



# Care & Share

A NON-PROFIT 501(C)3 CHARITABLE ORGANIZATION

## Professional Education - Vimala pursues nursing career

Each year, Care & Share supports six to eight underprivileged students to achieve a professional education such as nursing, teaching or engineering. Vimala\* is a new student Care & Share is supporting in 2011 and for the next four years. She completed her Plus Two (12<sup>th</sup> grade) with 78% marks in spite of her challenging upbringing. Her father is constantly ill from the hard labor work he does for a living, and her mother works odd jobs to help support the family. Her brother is deaf, and Vimala herself has had difficult health issues. She wanted to

become a nurse, but the course fee and other expenses were too high for the family to afford. She obtained a scholarship of Rs 1 lakh (approximately \$2,300 USD) from Mother Teresa Educational Society, but still needed another Rs. 3.1 lakhs (\$7,000 USD) spread over four years to complete her studies. Care & Share saw Vimala's genuine need and decided to sponsor her studies. We wish the very best for Vimala and for success in her studies.



Vimala\* with her parents and brother. \*Name has been changed for privacy.

## Cornea Blindness – Partners with SightLife to Sponsor 60 Corneas

The cornea is the clear surface at the front of the eye, which together with the lens, refracts light and has two-thirds of the eye's focusing power. It also protects the rest of the eye from dust and germs. If the cornea gets damaged, by birth or disease, light cannot enter the eye, causing blindness. Southern Asia and Africa compose the majority of cornea blindness in the world. There are around 2.5 million people suffering from cornea blindness in India alone, and almost every single one of these is curable!

SightLife is a non-profit organization based in Seattle, whose mission is to eliminate corneal blindness. SightLife restores sight to men, women, and children each day through eye banking, which is the recovery and placement of eye tissue used in cornea transplants. SightLife partners with eye banks worldwide to improve their equipment, training, and software, and works with surgeons in over thirty countries. In



©SightLife (www.sightlife.com)

Kerala, SightLife has partnered with Little Flower Hospital in Angamaly. The cost of replacing the corneas for one blind person is approximately \$120. Care & Share sponsored sixty cornea surgeries in 2010 at a cost of \$7,200.

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### SPECIAL POINTS OF INTEREST

- > Spent more than \$111,800 for charity projects in 2010
- > Administration expense is only 1.6%
- > Started supporting Cornea blindness

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It takes only \$120 to enable someone with the eyesight. **Do you Care Enough to Share?**

*Become a partner in Caring & Sharing...*

## PROJECTS SUPPORTED 2010—2011

Details of some of the projects are listed below. For a complete list, please visit [www.careandshare.com/projects.html](http://www.careandshare.com/projects.html). We sincerely THANK YOU for your generous Support.

### Pallium India

[www.palliumindia.org](http://www.palliumindia.org)

Pallium India works with other agencies to develop home-based Pain & Palliative Care Services for the Indian sub-continent. The organization is led by Dr. M. R. Rajagopal, a pioneer in the field of Pain & Palliative care. Care & Share donated \$18,400 toward family rehabilitation, education, and the operational cost of the institute.

### Haiti Support

Haiti was shaken in 2010 by a catastrophic earthquake. More than 100,000 people died and nearly 1,000,000 were made homeless. The country required immediate aid for the rehabilitation of the survivors. Care & Share worked with AKMG ([www.akmg.org](http://www.akmg.org)) and Schakra Inc ([www.schakra.com](http://www.schakra.com)) to raise \$4,750 and rushed the funds via the Red Cross Society.

### Home for a widow

Care & Share received a pro-

posal to support an 80-year-old widow living with her three daughters. She is partially blind and bedridden as well. Their home was in dilapidated condition and could have collapsed at any moment. Two of her daughters work as housemaids in nearby homes. Care & Share was convinced of the need and constructed a home of 400 sq feet with 2 bedrooms, a small hall, kitchen and toilet. The total cost for this project was \$9,000.

### Cochin Kidney Foundation

[cochinkidneyfoundation.org](http://cochinkidneyfoundation.org)

Care & Share sponsored 240 dialyses for chronic kidney failure patients who are struggling financially to meet the cost of treatment in Cochin, Kerala. Care & Share also supports CKF medical camps for the screening and early evaluation of kidney diseases. Care & Share's total support for CKF for 2009 was \$5,300.

### Chennaiypara Ashramam

[sacredheartashram.org](http://sacredheartashram.org)

Six students from Chennaiypara Ashramam in Peechi, Trichur received Care & Share scholarships to continue their professional education. These students are undertaking courses in computer science, nursing and teaching. One previous scholarship student is currently working in the fashion industry and another student as a teacher. Three others have completed nursing and are waiting for placement. The total expense for this scholarship was \$5,800.

### NAB Kerala

[www.nabindia.org](http://www.nabindia.org)

NAB Kerala supports 26 partially blind children in Trivandrum District and provides home based services to them. Two professionally trained teachers spend half a day every week with every child to train the child and his/her primary care taker, usually the child's mother or grandmother. Care & Share has been

supporting this project since 2008. In 2010, \$2,250 was spent to take care of part of the expenses related to treatments, educational toys, and therapy expenses. More information can be found at [www.careandshare.com](http://www.careandshare.com)

### Help for Poornima

Poornima was a 16 year old student who was hit by an open door of a bus on the way back from her school. She suffered permanent spinal cord injury and had to spend months on a ventilator. Even after six months (at printing time), she is still in hospital. She has started showing symptoms of improvement but still requires ventilator support to breathe. Once her nerves regain strength doctors will implant a diaphragmatic pacemaker so that she can breathe without support. The total expected cost of the treatment is around \$125,000. Care & Share supporters responded and raised \$7,400. We dearly wish for a fast recovery.

## FUND RAISING EVENTS

### Ganolsavam 2010 Raises More Than \$8,000

**Saptaswara** is a Seattle based non-profit music troop whose mission is helping charitable organizations to raise funds for their projects. The troupe was founded in 2009 by a bunch of music lovers from Seattle, San Francisco, Chicago and Vancouver. The troop performed for Care & Share in 2010 to raise support for kids with special needs. Through ticket sales, song auctions,

raffles, and song dedications the event raised more than \$8,000. The funds were handed over to Mrs. Ragini Menon, Honorary Secretary of Raksha Society (<http://www.rakshasociety.org>) in Kochi. Care & Share would like to thank each and every



The Seattle Saptaswara Team

member of Saptaswara and volunteers in making this fundraising a huge success.

### 'Thattukada' raises \$750

For the fourth year in a row, Care & Share volunteers organized a fundraising food stall "Thattukada" during Kerala Association's cricket tournament. Fifteen housewives prepared delicious homemade goods including idli, vada, and cutlets to serve the players and spectators. "Thattukada" brought

in more than \$750, and the funds will be utilized to support our project with NAB Kerala for disabled children. We extend our sincere thanks to Kerala Association of WA ([www.kaow.org](http://www.kaow.org)) and for all the help of our fantastic volunteers.



Thattukada 2011 team

## SPECIAL EDUCATION: EMPOWERING KIDS

FALL 2011

When it comes to education, kids with special needs should be accommodated differently. In this fast moving world, Care & Share is striving to enable special-needs children to be as self-sufficient as possible. According to Raksha Society, there are 42 special



Inauguration of Chaitanya Special School's new building

schools in the district of Ernakulum itself. Care & Share supported four special schools in 2010 at the expense of \$37,100. Care & Share supporters were

generous in assisting Palakkad's "Chaitanya School" in constructing a new building. It is estimated that the Palakkad town and outskirts have more than 500 challenged kids. Chaitanya takes care of 80 children.

"Asha Deepa" in Karnataka's Chikmagalur District is home for special-needs girls and takes care of 24 kids. The facility is run by the Society of the Sisters of the Holy Cross. Care & Share extended \$4,500 to cover the expenses for physiotherapy equipments, teaching aids and a one-year salary of supporting staff.

"Raksha in Kochi" received a grant of \$9,600 from Care & Share to develop better in-house curriculum, as well as to

provide a teaching kit model for similar local schools that seek to improve their services. "National Association of Blind" in Trivandrum rehabilitates twenty-five deaf and blind children with multiple disabilities. Care & Share gave \$2,500 to cover the partial salary of the teaching staff.



Training Sessions at Raksha Society in Kochi



## UPCOMING PROJECTS FOR 2011—2012

These are some of the projects that we plan to support in the upcoming year. We only achieve them through your generous support!

### Professional Education Scholarships

Professional education, such as nursing, computer applications, and teachers training, allows impoverished students and their families access to a higher quality of life. In the coming year, we plan to spend more than \$8,000 towards such scholarships. We request your support to continue these scholarships.

### Medical & Eye Care Camps

Every year, Care & Share conducts 3 or 4 medical and eye care camps that benefit more than 1,500 people. To continue our efforts in this space, we

need to raise around \$2,500.

### Children with Special Needs

In 2010 Care & Share spent more than one third of our revenue toward this cause. We plan to continue support to institutions like NAB Kerala, Raksha Society and Chaitanya through the coming year. Our target is to raise \$6,000 towards these projects.

### Orphanages and Old Age Homes

In 2010-2011, Care & Share supported various orphan-care and nursing institutions with more than \$6,000. This includes S.O.S Children's village in Alwaye, World Vision in Chennai, Galeela in Karukutty, and Mahrubhavan in Thalayolaparambu. We are committed to continue this support this coming year as well.

### Chronic Kidney Disease Support

In the past we have supported dialysis for needy patients. It has come to our attention that most of the hospitals in central Kerala function around the clock but are still unable to meet the patient demand. In 2011-12, we plan to support a small but well managed hospital with a dialysis unit for needy end-stage kidney patients that are below poverty level. These patients will enjoy Care & Share discounts to get the treatment at a lower cost. The expected cost of the unit is around \$15,000. In recent years, kidney disease is among the most prevalent in Kerala. Would you be willing to extend help to those suffering and in need of life-saving dialysis?

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Do you care enough to share?

## Kitchen Building for Galeela Children's Home

Galeela is a registered charitable home for boys run by Mr. Chandran Thottumkal and his family near Karukutty in Ernakulam District. This home is the shelter for 23 boys aged between 3 and 15. The facility had a temporary arrangement for a kitchen, but the need for a functioning kitchen

and clean dining hall was urgent. The situation was brought to Care & Share's attention, and several board members joined with Kerala Chapter President E. R. Menon in visiting the facility to assess the requirement. The need was urgent so the decision was made to fund the building in an expedi-

ent manner, the work being completed within 3 months. In December 2010, Mr. E. R. Menon handed off the keys in a small gathering with the well wishers of Galeela and Care & Share President Tony Devassy. The project will cost close to \$6,000.



Care & Share officials with Galeela Children in the newly built kitchen & dining hall



Kerala Chapter President Mr. E. R. Menon inaugurates the building

Now It is Your Turn to Help...

Kindly indicate your donation preference using the enclosed envelope,

or by visiting our website at

[www.careandshare.com](http://www.careandshare.com)

## Financial Report

In 2010, a total of \$111,813 was spent for charitable projects with an administrative cost of 1.6%. This means that for every \$100 donated to Care & Share in 2010, \$98.40 went straight to the project beneficiaries. The biggest distribution supported Special Needs Children Education projects. More than \$37,100 was contributed towards this cause alone. For more details, please visit <http://www.careandshare.com/>

	2006	2007	2008	2009	2010
Revenue for the Year	59,904	83,234	55,430	76,224	132,033
Fund Balance from Prior Year	82,194	69,232	70,909	67,179	49,111
Allocation and Disbursement for Charitable Projects	72,002	77,710	57,680	93,750	111,813
Administrative Expenses	864	3,847	1,479	542	2,926
Administrative Expenses %	0.6	2.5	1.2	1.14	1.6
Revenue over Expenses	69,232	70,909	67,179	49,111	65,302

## Cornea Blindness – Partners with SightLife to Sponsor 60 Corneas (Continued from page 1)

YEAR	Number of eyes collected	Number of eyes utilised
2000	198	95
2001	356	161
2002	555	206
2003	696	201
2004	622	307
2005	539	399
2006	596	503
2007	799	402
2008	686	391
2009	948	569
2010	1352	762

*Little Flower Hospital benefited greatly by partnering with SightLife*

