

Chellanam Water Project

With the Arabian Sea to the west and salinized lake on the east, Chellanam is in a low place with marshy sand. Scarcity of pure water is one of its most acute problems.

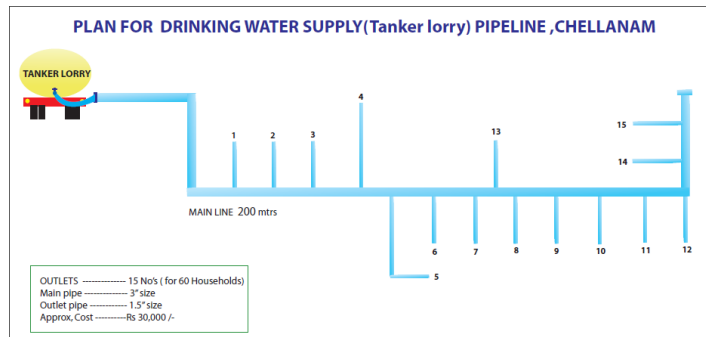
Drinking water is supplied through the tanker lorries. People have to often walk through muddy lands and streams to collect the wa-

ter. To reduce the extreme inconvenience to villagers, last year Care & Share implemented the solution of laying the pipelines at various points much closer to their homes. A tanker lorry will feed water at one end, and people can collect it at various locations at the same time.

Given the project's success,

we plan to implement this innovation at one or two more locations in the upcoming year. The imple-

mentation cost at one location is around Rs 35,000 (\$850).



Revenue and Expense Trending (in US Dollars)

In 2007, a total of \$77,710 was spent for charitable projects with an administrative cost of 2.5%. This means that for every \$100 donated to Care & Share in 2007, \$97.50 went straight to the project beneficiaries.

For more details, please visit: <http://www.careandshare.com/finance.html>.

	2003	2004	2005	2006	2007
Revenue for the Year	9,475	28,637	43,993	59,904	83,234
Fund Balance from Prior Year	47,155	50,295	58,535	82,194	69,232
Allocation and Disbursement for Charitable Projects	5,900	19,501	17,907	72,002	77,710
Administrative Expenses	435	896	2,427	864	3,847
Administrative Expenses %	0.77	1.14	2.4	0.6	2.5
Revenue over Expenses	50,295	58,535	82,194	69,232	70,909

Charity Giving—Frequently Asked Questions

Q. Is my donation to Care & Share tax deductible?

A. Yes, contributions to 501 (c) 3 organizations like Care & Share are tax deductible as permitted by the federal rules.

Q. What is your policy to support a charitable organization in India?

A. Our policy is to limit our support to Indian organizations only with FCRA approval. Indian law man-

dates that any Indian non-profit organization must have the consent from the government to receive foreign aid. To learn more about FCRA, visit <http://www.fcraforngos.org/>

Q. I know a well functioning charity organization in India. If I donate to Care & Share, can you support the organization?

A. Recommending good charitable organizations are always encouraged. We

will study the organization using our resources and will take an appropriate decision. The organization must have FCRA approval.

Q. What are the ways I can get involved with Care & Share?

A. You can get involved with Care & Share in many ways. We are looking for volunteers to drive public relations, update the website and blog, identify appropriate projects in need

of support, and raise funds to support our current commitments. Close to 15 volunteers of Kerala Association of Washington (www.kaow.org) raised more than \$950 in June through a food stall during the association's cricket tournament to support our NAB Kerala project. You can also get involved in similar ventures. Your support in the form of money and/or time is greatly appreciated.



OCTOBER 2008

WWW.CAREANDSHARE.COM

A NON-PROFIT 501(C)3 CHARITABLE ORGANIZATION

Care and Share

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SPECIAL POINTS OF INTEREST

- Spent more than \$77,000 for charity projects in 2007
- Administration expense is only 2.5%
- Started supporting professional education of deserving students

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Home Care Vehicle For Pallium India

Care and Share donated a mini van to Pallium India (www.palliumindia.org) for the convenience of the home care team to visit their patients. Pallium India takes care of patients who are in the final stages of diseases such as cancer. A team of doc-

tors, nurses and volunteers visit the homes of these patients for palliation and pain management. The team engages in field work five days a week in different parts of Trivandrum. The team previously used a rented vehicle to accommodate all of

its members; however, the vehicle was both costly and did not provide much space. A vehicle for its own operations was the biggest immediate need for Pallium India. A total of \$10,000 was donated to Pallium India to cover the major portion of the

vehicle's cost. Pallium India Chairman Dr. M. R. Rajagopal expressed his wholehearted gratitude to Care & Share for supporting this noble cause.



Children with Disabilities Need Your Support

Rehabilitation of children with visual, auditory, and multiple physical disabilities is extremely difficult in India because most of the centers address only one specific kind of disability. Thus, when a child is afflicted with multiple disabilities, there is rarely any institution that can empower them to meet their most basic day-to-day needs.

National Association

of Blind (<http://www.nabindia.org>), Kerala Branch is the only organization in Kerala providing services to children with multiple disabilities.

NAB Kerala has identified 20 children in Trivandrum District and provides home-based services to them. Two teachers, professionally trained at Sense International India (www.senseintindia.org), spend half a day every week with

every child to train both the child and his/her primary caretaker, usually the child's mother or grandmother.

NAB Kerala has estimated that it will take 2 years to complete the first set of milestones for these kids at an expense of \$14,000. Care & Share is supporting this very noble cause by sharing 25% of the expenses (\$3,500). Without the generous contri-

bution of people like you, we will not be able to support these less fortunate kids.

Do you care enough to share?



NAB Kerala Training Center



Training Session



Kerala Association of Washington fund raising food stall for Care and Share NAB Project.

“Care & Share built 20 Rain Water Harvesting Tanks in Methala Panchayat and Chellanam Village for a total expense of \$6,000”



Rain Water Harvesting Tank



Medical Camp at Chellanam (March 2008)

Projects Supported 2007—2008

In 2007, Care & Share donated more than \$77,000 to support education, old age homes, and drinking water projects. For a complete list, please visit www.careandshare.com/projects.html. We sincerely THANK YOU for your generous Support.

Cochin Kidney Foundation cochinkidneyfoundation.org

Care & Share sponsored 180 dialyses for chronic kidney patients who are struggling financially to meet the cost of treatment. Care & Share also supports CKF medical camps for the screening and early evaluation of kidney diseases. Care & Share's total support for CKF for 2008 is Rs. 1,80,000.

Chennaiyipara Ashramam sacredheartashram.org

Six students from Chennaiyipara Ashramam in Trichur received Care & Share scholarships to continue their professional education in various cities in South India. One of them graduated and already started working in Fashion Technology. The others are continuing their education in the fields of teaching and nursing. The total expense for this scholarship was \$6,000.

Pallium India palliumindia.org

Pallium India works with other agencies to develop home-based Pain & Palliative care services for the Indian sub-continent. The organization is lead by Dr.

M. R. Rajagopal, a pioneer in the field of Pain & Palliative care. Care & Share donated \$10,000 towards the purchase of a new vehicle, \$5,000 to support four of its rural clinics, and \$1,000 to rehabilitate the family of a diseased cancer patient.

KIDS - kidskerala.org

Kottapuram Integrated Development Society (KIDS) operates in four districts in Kerala - Ernakulam, Thrissur, Malappuram and Palakkad. One of the major initiatives of the society is to empower women through Self Help Groups (SHG). The groups are involved with different small scale industries such as screwpine products, note books, candles, etc. Each group has 7-10 members and each member earns between Rs 1,000 to Rs 5,000 depending upon the product and output. Each group recruits new members irrespective of cast or religion. Currently there are around 2,500 SHGs, and they are rapidly growing. Care and Share has introduced a scholarship program for the children of KIDS' SHG members to support their professional education. Six-

teen students from the most needy families received Rs. 6,000 each in 2008.

Medical Camps

Care & Share Kerala Chapter conducted six medical camps during 2007 - 2008. Multi-specialty camps provided facilities such as eye care, early detection of kidney diseases, ultrasound scanning, and pap smear. More than 1,500 people directly benefit from these camps. A total of \$2,500 was spent towards the related expenses.

Hospital Expenses

Care & Share was able to support four needy patients with their expensive treatments such as chemotherapy, angioplasty surgery, and chronic kidney diseases. A total of \$4,600 was spent towards their treatments.

Rain Water Harvesting

Care & Share built 20 Rain Water Harvesting Tanks in Methala Panchayat and Chellanam Village in 2008. With the cost of each tank around \$300, a total of \$6,000 was spent towards this cause.

Early Detection of Kidney Diseases

Since the inception of Care & Share Kerala Chapter in 2002, one of the major areas of focus for the chapter is to conduct quality medical camps at regular intervals. Every year, more than 1,500 people benefit from this initiative.

Kidney disease is rising at an alarming rate in Kerala. According to the statistics provided by Cochin Kidney Foundation, in Kochi city alone there are around 6,000 dialyses every month, of which 1,200 re-

quire financial support. As the health situation gets worse, the only solution to the patient is to undergo a kidney transplant.

Most chronic kidney diseases can be detected early through proper screening tests and can be controlled rest of the patient's life. Early screening and evaluation of kidney diseases is part of every Care & Share medical camp since early 2006. This is done in two stages and offered completely free of

cost. First stage, done at the camp site, involves testing blood and urine and studying personal health history. In the second stage, the probable cases are referred to Cochin Kidney Foundation for further tests.

Since 2006 Care & Share has spent more than \$6,000 towards this cause. We need your support to continue our efforts in this space – **do you want to become a partner in Caring and Sharing?**

Upcoming Projects for 2008—2009

These are some of the projects that we plan to support in the upcoming year. We cannot achieve them without your support.

Pain & Palliative Care

– Cancer is reported as the most common disease afflicting families more than any other ailment. Care & Share will continue to work with Pallium India to support four rural Pain & Palliative care units in Kerala. Our target is to raise \$4,800 (4 x \$1,200) towards this cause.

Chronic Kidney Disease Support – Kidney diseases are one of the costliest to treat. Care & Share works with Cochin Kidney Foundation to support dialyses for the most

needy patients. Care & Share will support 250 dialyses in the upcoming year. A total of \$6,000 needs to be raised to achieve this goal.

Sanitation Project

– Chellanam is mainly a fishing village, and most of its inhabitants live below the poverty line. Many people depend on the sea-shore for sanitation needs. A basic restroom can be built for less than \$250. Our target is to support 10 - 15 households in the upcoming year.

Medical & Eye Care Camps

– Every year Care & Share conducts 5 or 6 medical and eye care camps that benefit more than 1,500 people. To con-

tinue our efforts in this field, we need to raise around \$5,000.

Professional Education Scholarships

– Professional education such as nursing, computer applications, teachers training, etc helps bring the students and their families to the forefront of the society. Our scholarship program benefits 22 deserving students in Thrissur District. The total expense towards this scholarship program is around \$8,500.

Orphanages and Old Age Homes

– We have always supported various institutes that fall into this category and we are committed to do so in the coming years as well.

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