



# Care and Share

A non-profit (501 c(3)) International Charitable Organization.

## Few upcoming projects:

- Care & Share to build 5 more houses in the Tsunami-affected village of Chellanam, Kochi.
- Education-Scholarship to support needy students for professional education
- Support for dialysis through Cochin Kidney Foundation
- Support to National Institute of Speech & Hearing ([www.nishindia.org](http://www.nishindia.org))
- Support pain & palliative care units across Kerala

## Interested in our projects?

Talk to us Today.

We need your Support.

### Contact Us

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## Dr. M. R. Rajagopal receives 2006 Humanitarian Award

Since its inception in 1990, Care and Share has recognized individuals who exhibit extraordinary selflessness to their community through its Humanitarian of the Year Award.

This year, the award was bestowed upon Dr. M. R. Rajagopal. Dr. Rajagopal is a pioneer in the field of Pain & Palliative care. He is one of the founders of the Pain & Palliative Care Society in Calicut Medical College, an institute with over 60 link centers in various parts of northern Kerala. The society won the "Center of Excellence" award from the World Health Organization (WHO) and has been a WHO Demonstration

Project in palliative care for the developing world since 1996 ([www.painandpalliativecare.org](http://www.painandpalliativecare.org)).

Dr. Rajagopal is currently the Chairman of Pallium India (<http://www.palliumindia.org>), an organization which works with other agencies to develop Pain & Palliative care services for the Indian sub-continent.

The award was presented to Dr. Rajagopal by Minister of Public Works Sri. T. U. Kuruvilla in a function held at IMA Hall Kochi on Nov 5th, 2006.

Care and Share donated \$10,000 to support the activities of Pallium India during the function.



Dr. Rajagopal receives award from Public Works Minister Sri. T. U. Kuruvilla.



Supporters of Care & Share and Pallium India attending the function

## Care & Share Visits Chennaiyipara Ashramam

Care & Share officials Tony Devassy and Ashley Elenjickal visited Chennaiyipara Ashramam in Peechi, Thrissur in Nov 2006 to better understand the functioning of the facility. Care & Share has been supporting this shelter for the homeless and mentally and physically challenged for the past few years.

Foundation stone for the ashramam was laid by Rev. Sr. Mother Theresa in 1993. The facility began as a small house for women and children and a big hall without any windows or doors for men in 1994. Inmates at that time numbered around

30 – 35. Today there are separate secured buildings for women and children. For men the hall is remodeled with windows, doors, fans & beds. The number of inmates today is close to 400. The age group of residents range from babies to bed-ridden elderly people. Director of the institute Fr.

George Kannamplackal takes more than 75 kids to the nearby schools by himself in a jeep.

In furthering its firm belief in the facility's work, Care & Share has donated more than \$8000 so far to build the institute's infrastructure.



(Above) Resident children of the Ashramam.

(Left) Remodeled men's hall



(Above) One of the beneficiaries in front of her old house.

(Below) She along with Care & Share officials and Fr. Tobias in front of her new house.



**“Care & Share  
has provided  
Chellanam  
villagers with a  
total support of  
\$25,500”**

*Do you  
care  
enough  
to  
share?*



## Chellanam Projects

### Houses for Tsunami affected victims

Though Chellanam village is in the Kochi district it is deprived of all developments of a city. This densely populated coastal village on the southwest edge of Kochi district lacks all infrastructure facilities.

The village was badly destroyed by the Dec 2004 Tsunami that created havoc in other parts of the world as well. Many of the villagers either completely lost their homes or had their residences severely damaged. Different organizations immediately came forward with lot of promises but failed to deliver. Care & Share is building 10 houses in two phases to alleviate the pain of at least few of those households

**Phase I:** In the first phase, Care & Share, in association with Kerala Association of

Washington ([www.kaow.org](http://www.kaow.org)), built 5 houses in the year 2006. A total of \$8000 was raised and contributed to Rotary Club Global, Cochin to administer the construction work. Fr. Tobias Thekkepalakkal, a priest at the local church, coordinated the logistics, such as finding the right people, arranging the raw materials, labor resources, etc

**Phase 2:** In the second phase, Care & Share is building 5 more houses. The construction work is expected to start in March 2007 and completed before June. This phase will be administered directly by Care & Share Kerala Chapter and Fr. Tobias. The estimated cost of \$15,000 has already been transferred.

### Drinking Water Solution

Care & Share visited Chellanam village in Dec 2006 and realized

villagers' desperate need for clean drinking water. With the Arabian Sea to the west and salinized lake on the east, the village is in a low place with marshy sand and scarcity of pure water is one of its most acute problems. Women flock to the tap to get a bucket of drinking water, often wait until very late at night. The only reliable solution for this serious problem is roof top rain water harvesting.

Construction of a Ferro cement tank of about 5000 liters costs around Rs 12,000. Care & Share is supporting 10 households in 2007. The required funds, \$2500, has already been transferred and the construction work is currently going on.

Including housing and drinking water projects, Care & Share has provided Chellanam villagers with a total support of \$25,500.

## Alpha Pain Clinic

The Alpha Pain Clinic ([www.alphapainclinic.com](http://www.alphapainclinic.com)) based in Edamuttom, Thrissur was the initiative of Mr. K. M. Noordeen, who was touched by the pain and suffering among the lower income class. Alpha touches multi-facet aspects in the field of pain & palliative care. Alpha has a highly dedicated team of doctors and nurses who specialize in palliative care & treatment. There are various rehabilitation pro-

grams in place which employ the patients' immediate family members.

Alpha recently started training camps for N. S. S. (National Service Scheme) volunteers of Calicut University to spread the importance of palliative care to the youths. A professional 45 day training program for doctors and nurses is set to begin by the end of March this year.

Care & Share officials Tony Devassy, Ashley Elenjickal and E. R. Menon visited the institution many times and were really impressed with the systematic, well planned approach Alpha has towards the cause. Care has been provided to individuals and families irrespective of their cast, gender, or monetary status. Care & Share believes this is the right place to extend our support in 2007.

**If you would like to support any of our projects, please make your tax deductible contributions to Care & Share**

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