

Humanitarian Award 2007

Since its inception in 1990, Care & Share has recognized individuals who exhibit extraordinary selflessness towards their community through its Humanitarian of the Year Award. This year, we honor **Mr. K. M. Noordeen** for his service in the field of Pain & Palliative Care. Mr. Noordeen is the founder

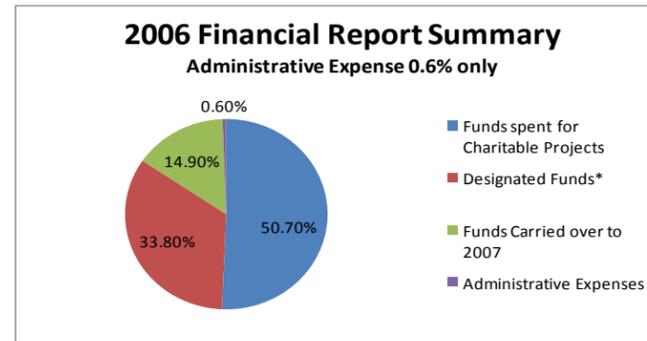
and chairman of the Alpha Pain Clinic (www.alphapainclinic.com) in Edamuttam, Thrissur, which began in 2005. The Alpha Pain Clinic provides home care to bedridden patients, as well as those with incurable diseases. In 2006, it expanded its operations to include day care and in-patient facilities. In the

short span of thirty months, Alpha Pain Clinic has registered about 1,000 patients, 400 of which are currently availing of its services. Alpha Pain Clinic today is one of the largest home-based palliative care providers in India. For more details visit www.careandshare.com/award.html.

Revenue and Expense Trending (in US Dollars)

In 2006, a total of \$72,002 was spent for charitable projects and another \$48,000 was allocated to designated projects. The administrative expenses were the lowest since 2000, a mere 0.6%. This means that for every \$100 donated to Care & Share, \$99.40 goes directly to the charity project.

For more details, please visit <http://www.careandshare.com/finance.html>.



	2002	2003	2004	2005	2006
Revenue for the Year	18,715	9,475	28,637	43,993	59,904
Fund Balance from Prior Year	156,785	47,155	50,295	58,535	82,194
Allocation and Disbursement for Charitable Projects	125,930	5,900	19,501	17,907	120,002*
Administrative Expenses	2,415	435	896	2,427	864
Administrative Expenses %	1.38	0.77	1.14	2.4	0.6
Revenue over Expenses	47,155	50,295	58,535	82,194	21,232

Corporate matching of your Charity dollars

In corporate America, many companies match your charity contributions on a 1 to 1 basis, which means that for every dollar you donate to a 501 (c) 3 charity organization like Care & Share, your company will also donate an equal amount. Each company has its own policies that define the nature of eligible organizations and an upper limit up to which it will match a contribution. Care & Share has been enlisted in various corporations such as Microsoft, AT & T, and Washington Mutual.

Every year, the Microsoft Corporation drives a companywide giving campaign popularly known as "Employee Giving Campaign." During this campaign, the company encourages its employees to donate generously to various charities of their choice. Care & Share raises more than \$8,000 every year during this campaign; with the company matching, the funds raised become more than \$16,000.

Before you write your check to Care & Share, check with your employer as to

whether your company has a matching policy. In some companies, to avail the benefit of matching, you need to go through the company system and follow specific instructions, while in some other companies, you just need to inform the employer that you have donated to a specific charity. Matching benefit is a great way to literally double your support for a charity. If your employer offers it, then we urge you to make use of charitable matching.



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SPECIAL POINTS OF INTEREST

- Spent more than \$72,000 for charity projects in 2006
- Administration expense is only 0.6%
- Started supporting professional education of deserving students

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Care and Share

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A NON-PROFIT 501(C)3 CHARITABLE ORGANIZATION

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Chellanam: Housing Project

Chellanam is a densely populated coastal village on the southwest edge of Kochi district that lacks all infrastructure facilities. The village was badly destroyed by the December 2004 Tsunami, and many villagers either completely lost their homes or had their residences severely damaged.

In the first phase of the Housing Project, Care & Share, along with Kerala Association of Washington (www.kaow.org), built five houses in Chellanam for the Tsunami victims. In the sec-

ond phase of the Project, along with Kerala Medical Graduates (www.akmg.org), Care & Share built six more homes. The first phase was completed in the second quarter of 2006, while the second phase was completed in the third quarter of 2007. A total of \$23,000 was spent for the construction work. Fr. Tobias Thekkepalakkal, vicar priest at St. George Church, South Chellanam, administered the construction and did a very commendable job in providing regular status and expense reports, arranging raw materials, etc.



One of the beneficiaries in front of his old house.



The same beneficiary in front of his new house

Chellanam: Drinking Water Project

Care & Share visited Chellanam village in December 2006 and realized villagers' desperate need for clean drinking water. With the Arabian Sea to the west and salinized lake on the east, the village is in a low place with marshy sand. Scarcity of pure water is one of its most acute problems. The lack of clean drinking water is one of the fundamental reasons for the spread of various diseases in the area. The only reliable solution for this serious problem is roof top rain water harvesting,

which collects rain water from roofs and filters the water into a 5000 liter Ferro cement tank.



Implementing a rain water harvesting solution in one household costs around Rs 12,000. Care & Share implemented the solution in ten of Chellanam's most needy

households in 2007 for a total cost of \$2,500. There are many more families in the area who are in desper-

ate need of clean drinking water. For less than \$300, you can help one family with their daily struggle for clean drinking water.

DO YOU CARE ENOUGH TO SHARE?

Projects Supported 2006—2007

Care & Share would like to express our sincere gratitude to our supporters who helped us to realize various projects for the year 2006-2007. In the 2006fiscal year, we donated more than \$72,000 for various projects. For a complete list of projects, please visit www.careandshare.com/projects.html.



Medical camp: Pediatric Care (August 2007)

Pallium India is lead by Dr. M. R. Rajagopal, a pioneer in the field of Pain & Palliative care. Care & Share donated \$16,000 to support its operations



Medical camp, August 2007

Cochin Kidney Foundation www.cochinkidneyfoundation.org

Care & Share sponsored 145 dialyses for chronic kidney patients who are struggling financially to meet the cost of treatment. Care & Share also supports CKF medical camps for the screening and early evaluation of kidney diseases. Care & Share's total support for CKF for 2007 is Rs. 1,38,750.

Chennaiypara Ashramam

Chennaiypara Ashramam in Peechi, Trichur has more than 400 inmates, ranging from newborn babies to bed-ridden elderly people. Many of the inmates are physically or mentally challenged. Care & Share donated \$3000 towards the construction cost of a new kitchen in this facility.

Pallium India www.palliumindia.org

Pallium India works with other agencies to develop Pain & Palliative care services for the Indian sub-continent. The organization is lead by Dr. M. R. Rajagopal, a pioneer in the field of Pain & Palliative care. Care & Share donated \$16,000 to support its operations.

NISH India www.nishindia.org

NISH is dedicated to the re-

habilitation of the speech and hearing impaired persons. NISH is presently functioning from five rented buildings located at different parts of the Trivandrum city in Kerala, but plans to integrate all its activities to a single campus. NISH cannot complete such a big venture with government grant alone. Care & Share supported NISH's campus construction with \$1,250.

Snehagiri Mithralayam Aged Home

Started in 1995, this shelter is one of the projects of Snehagiri Society. At present, there are more than 20 inmates who are provided with food, medical care, counseling and medication. The institute depends on generous public support to meet its daily expenses. Care & Share donated Rs.70,000 to support the institute's medical expenses for a year.

Educational Projects

Jointly with Pallium India, Care & Share introduced a scholarship to support the medical education for the children of those who are under palliative care. \$2,250 was donated to Pallium India to support its medical scholarship initiatives.

Eight students from the

ophanage in Chennaiypara Ashramam in Peechi, Trichur are attending professional courses like nursing, teachers training, computer applications, etc in various cities in South India. The total expense for their education exceeds \$8000 a year. Care & Share donated \$6000 to sponsor six of these students.

Medical Camps

Care & Share Kerala Chapter conducts various medical camps throughout the year. Multi-specialty camps provide facilities such as eye care, early detection of kidney diseases, ultrasound scanning and pap smear. Every year, more than 1,000 people directly benefit from these camps.

Capernaum Sneha Bhavan

Capernaum Sneha Bhavan in Kochi is a home and shelter for the uncared and unattended destitute in the city. Run by Sr. Juliet Joseph, this shelter takes care of more than thirty people, many of which are chronically ill. Sr. Juliet depends on the institute's well wishers to meet its expenses for medical treatments and daily bread. Care & Share donated Rs. 30,000 to support the inmates of this shelter.

Medical Eye Camps

One of the most neglected areas among lower income families is in taking good care of their eyes. Over a period of time, the problem aggravates and affects the day-to-day activities of the individual.

Eye Care camps have always been an integral part of Care & Share's medical camps since 2000. Care & Share would like to extend our sincere thanks to our partner, Roshan Eye Care Hospi-

tal (www.roshaneyecare.com), who has done a tremendous job in our effort to reach quality eye care to needy people. Dr. Roshan was the "eye care" doctor for more than 50 Care & Share medical camps.

Roshan Eye Care Hospital has met the complete expense for more than 210 cataract surgeries of needy patients. These surgeries were done using advanced Phaco - Emulsification Tech-

nique completely free of charge. The Hospital also takes care of each patient's conveyance and medication expenses.

In the span of last six years Care & Share has donated more than 4,717 eye glasses, which amounts to more than Rs. 4,71,700 (\$12,000). We need your support to meet the expenses for our future medical camps – **do you want to become a partner in Caring and Sharing?**

Upcoming Projects for 2007—2008

These are some of the projects that we plan to support in the upcoming year. We cannot achieve them without your generous support.

Pain & Palliative Care – Cancer is reported as the most common disease afflicting families more than any other ailment. Care & Share will work with Pallium, India to support three Pain & Palliative care units in Kerala on a matching basis in 2007 – 2008. Each center should raise funds locally and Care & Share will match it on a 1 to 1 basis up to Rs. 50,000 (\$1,200). Our target goal is to raise \$3,600 (3 x 1,200).

Chronic Kidney Disease Support – Kidney diseases are one of the costliest diseases to treat. Care & Share works with Cochin Kidney Founda-

tion to support dialysis for the most need patients. Care & Share Kerala Chapter conducts Kidney camps for the early detection of chronic kidney diseases. A total of Rs. 1,20,000 (\$3,000) will be allocated for the year 2007 – 2008.

Drinking Water Projects – We will continue our support to Chellanam villagers in Kochi district in their struggle to get clean drinking water. Only reliable solution in this coastal village is rain water harvesting tanks. To build one such tank it costs around Rs. 12,500 (\$300). Our target is to support 10 - 15 households in the upcoming year.

Child Sponsorships – Chennaiypara Ashramam in Peechi, Trichur has more

than 100 children attending three nearby schools. For Rs. 750 (\$18 a month) you can sponsor the complete expense for a child.

Professional Education Scholarships – Professional education such as nursing, computer applications, teachers training, etc helps to bring the students and their family to the forefront of the society. Starting in 2007, Care & Share is sponsoring needy students with scholarships. Our target is to raise \$5000 in this regard during the upcoming year.

Orphanages and Old Age Homes – We have always supported various institutes that fall into this category and we are committed to do so in the coming years as well.

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